

Kayaking for A Day at Drost Park



Sept. 24th 2022 at Drost Park in Maryville
12 noon to 4 p.m. at Pavilion #1 at Drost Lake

Sessions instructed by

Craig Heaton, Mississippi River Water Trail, Alpine Shop,
US Army Corp of Engineers, Missouri Whitewater Assoc,
St Louis Canoe and Kayak Club, and Team River Runner



TRR: Health & Healing Through paddle sports
(for veterans, service members, & their families)

Sessions will start at noon, lasting about 1 hour.

Last session starts at 4:00

A brief orientation on basic kayaking and safety issues will be given, life vests issued, kayaks selected so participants will be able to experience paddling a kayak on the lake!

Two or more safety boats will be on the water to ensure everyone's safety.

To ensure a great boating experience and balanced attendance for the day



Pre-registration is requested

Call: 618-223-8965



Drost Park and Lake are located on Myron Provence Parkway
Take US 159 to Vadalabene Drive

Turn onto Schiber Court & follow the signs

MapQuest: #8 Schiber Court



Event is Free and Open to the Public

Sponsored by Maryville Parks and Rec Committee

Missouri White Water Assoc., St. Louis Canoe & Kayak Club, US Army Corp of Engineers,
Alpine Shop, Mississippi River Water Trail & Team River Runner

Contact: Parksandrec@maryville-ll.us